

## Testimonials



SISTER CONNIE BACH, PHJC  
★★★★★

I have appreciated delving more deeply into my own spiritual journey through reading, writing, learning from others and class assignments. I've learned about other traditions of the Christian faith and my own practice of contemplative prayer. I have come to enjoy practicing one-on-one and group companioning as well as sharing joys and sorrows of others in our group. I have become more aware of God's presence in the ordinariness of my own life and well as honoring God's presence in and the mystery of others.

KATHY LIGHT  
★★★★★



I had a trusting relationship with Lindenwood, so I took the plunge and enrolled. I have never regretted that decision. The class was a time of enriching spiritual growth personally, and I felt certain I was learning skills to offer in my ministry. Since my completion in 2009, I have been privileged to accompany quite a number of individuals during times of change in their lives. Such an experience is always an honor and a gift I treasure. Thank you Lindenwood and Sister Joetta for the tools, wisdom and guidance!

“Step into your calling and guide others toward the divine light within.”



**WHO SHOULD APPLY?**  
This program is for individuals who feel called to help others grow spiritually. If you have a passion for guiding others in their faith, connecting them with the divine, and supporting their spiritual growth, this certification program is for you.

Download, Complete and Submit Your Application Today!

For More Information Contact Us!  
Call : 574-935-1780  
Visit Our Website: [lindenwood.org](http://lindenwood.org)

Lindenwood Retreat and Conference Center  
9601 N Union Rd. Plymouth, IN 46563  
A Ministry of the Poor Handmaids of Jesus Christ



Become A Certified Spiritual Companion

Grow in your faith and help others find meaning in theirs. Become a Certified Spiritual Companion and support others in their spiritual walk.

[www.Lindenwood.org](http://www.Lindenwood.org) 574-935-1780



## What Is Spiritual Companionship?

Spiritual Companionship is a unique and supportive relationship where one person walks alongside another on their spiritual journey. Unlike counseling or therapy, this practice is not about solving problems or offering advice. Instead, it focuses on deep listening, presence, and helping others explore their connection with the divine. As a spiritual companion, you create a sacred space where individuals can reflect on their faith and find deeper meaning in their lives.

## About The Program

### PROGRAM STRUCTURE

Our 19-month certification program combines immersive learning with practical experience. Every other month, you'll participate in a weekend retreat led by two certified professionals in addition to two extended retreats. These retreats offer hands-on teachings, spiritual practices, and opportunities to deepen your skills. In addition, you'll engage in required readings and assignments that will challenge and inspire you throughout the program.

### PROGRAM DATES

May 8-9, 2026	March 17-20, 2027
July 17-18, 2026	May 7-8, 2027
September 18-19, 2026	July 23-24, 2027
November 17-21, 2026	Sept. 17-18, 2027
January 29-30, 2027	November 19-20, 2027

## Why Join This Program?

Becoming a certified spiritual companion not only equips you to guide others, but it also enriches your own spiritual journey. You will experience personal growth, deepen your relationship with the divine, and gain practical tools to navigate spiritual challenges and transitions. Plus, you'll form meaningful connections with your classmates, creating a supportive community that will accompany you on this transformative journey.

## Your Facilitators

### Sister Joetta Huelsmann



Sister Joetta Huelsmann, PHJC has been training Spiritual Companions since 2009, guiding over 90 participants in ten groups. Formerly the director of John XXIII Retreat Center, she now ministers at Lindenwood Retreat & Conference Center. With training in Ignatian Spirituality and a graduate of the Shalem Institute of Spiritual Guidance, Sister Joetta holds a master's degree in Human and Religious Studies and a bachelor's degree in English with an Elementary Education minor. With over 40 years of experience as a spiritual director and in parish ministry, she is a member of the Poor Handmaids of Jesus Christ.

### Andrew Jennings



Andrew Jennings is the Director of Liturgy and Music for the Poor Handmaids of Jesus Christ and leads the Ancilla Domini Community Choir. With experience in spiritual direction and life coaching, he has taught sacred music at Notre Dame and Ancilla College. Andrew holds a Master of Sacred Music from Notre Dame, a BA in Music from Indiana University Southeast, and is pursuing a Doctor of Pastoral Music. Certified in spiritual life coaching, he is also a graduate of Lindenwood's Spiritual Companion Program. In his free time, Andrew enjoys cooking, creating art, and hiking with his partner and dog.

## Are You Called?

Do you find that others naturally seek your guidance in their spiritual journeys? Are you devoted to nurturing your relationship with God and feel a profound compassion for others?

Consider this invitation—perhaps God is calling you to a deeper purpose. At Lindenwood, we offer the *Spiritual Companion Program*—a path designed for those who feel led to support others in their faith. This program will refine your natural gifts, equipping you with the skills to listen deeply, pray with intention, and guide others through their spiritual growth with wisdom and grace. Embrace your calling and apply to our Spiritual Companion Program.

